



***“Pray in the Spirit at all times, with every kind of prayer and petition.
To this end, stay alert with all perseverance in your prayers for all the saints.”***

We emphasized the need for prayer to be a lifestyle as an important Perspective On Prayer, last week. The focus of the first part of the Key verse for this week - *“Pray in the Spirit at all times, with every kind of prayer and petition.”* leads us to our next Perspective On Prayer, which is, ‘Prayer as a Continuous Endeavour.’ This will be a logical next step if Prayer Is A Lifestyle, and its necessity is underscored by the fact that the enemy, the devil and his spiritual forces goes about stalkingly looking for those he will devour.² Not to pray continuously is therefore to become an easy prey for him. This is what has happened to many Christians, and can also be said to be a major reason for the scandals in the Church of Christ. Christians, including leaders do not pray all the time, and so do not have the protection that comes from prayer. The devil sneaks into their minds and their midst twisting facts as well as bombarding them with falsehoods presented as if they are truths, resulting in the different forms and levels of sins and evils found in the Church. There are found in churches today evil people, wolves in sheep’s skin, who corrupt, destroy the faith of people, and take advantage of unsuspecting members of the Church.³ But a person or people who pray at all times - ‘stays alert’ in prayer - will quickly recognize, and also receive warnings about the ploys and antics of satan from the Holy Spirit, and will be able to avoid, or frustrate and beat him completely in his game.⁴ There is an added urgency and importance to making prayer a continuous endeavour when we understand that prayer is not just about asking for material things from God, but more strategically about listening to God as your Father, for instructions, directions, warnings, and even corrections. These enable the Christian to stay and walk the path of righteousness, giving glory to God, and becoming a blessing to others as well as himself.⁵

Another important aspect of our key verse for this week, is the phrase, ‘Pray in the Spirit.’ Note that the first letter of the word Spirit is capitalized, inferring the Holy Spirit, the Third Person of the Godhead. This is an amazing fact when we remember that the Holy Spirit knows the Mind of God, unlike human beings who do not know how and what to pray for that is acceptable to God the Father. He also prays in ways that God the Father understands, and He helps us at the point of our weaknesses.⁶ This phrase can be taken to mean but not limited to, ‘pray in the spirit man’; ‘pray with the support of the Holy Spirit’; ‘let the Holy Spirit pray for you’; ‘join with the Holy Spirit in prayer’; and ‘pray through the Holy Spirit’. All these put together is like saying, let God Himself pray for you, and let Him be your burden bearer in prayer. If the Almighty God of the whole universe, who knows you completely, and also knows the devil with all his schemes, is the One praying for you, can there be any reason why your prayers will not be answered, or any reason why you will fail in prayer? But this tremendous advantage and blessing is what we miss, with the support of the devil, when we do not pray continuously through the Holy Spirit.⁷

Finally, when we pray continuously *“with every kind of prayer and petition”* it follows that there is **No Limitation To Our Prayer Life**. Your prayer can be the planned one that you take the time to pray at certain time of the day; it can be the type you go away on a personal retreat and fast and pray; but it can and should also be the ‘arrow’ prayer that you shoot at any time and about everything and any where when there is the need - by the sink, on your walk, at the place of work, in the marketplace or Mall, when you are happy or sad; for a friend or family; and about anything. It can and should be the kind of prayer that is too heavy for words, just like Hannah in the Temple; it can be just praising and singing songs of appreciation to God; it can and should be prayer turned into praise, as an act of faith even when your difficult challenges have not changed; and it can and should be the prayer you pray for others - missionaries, pastors, neighbours, the sick, the elderly, government, politicians, businesses, etc., etc. And all of these different forms of prayer, prayed in faith and through the Holy Spirit, have *‘great power to prevail.’*⁸

This is the Power and Powerhouse of the Christian which is either completely neglected or only scratched on the surface, and we go about defeated. We blame God; forsake Christianity and say it



has no power to save and deliver; complain of our helplessness, hopelessness, frustrations, and all manner of ills, when the challenge actually lies with us. **We quickly forget that by prayer the Red Sea parted and became a highway for the children of God;⁹ we forget that by prayer the apparently impossible Wall of Jericho came crashing down;¹⁰ and that by prayer the ultimate price for sin was paid by the Lord Jesus Christ.¹¹ How it must displease God to see His children live like beggars, when Mansions filled with all kinds of treasures should be their continuous experience. Therefore, reader, may I remind you that you are to, “Pray in the Spirit at all times, with every kind of prayer and petition.”**

You Should Always Pray And Never Give Up.¹²

Have A God Centred And Focussed 2026.

Further & Daily Readings: Eph.6:18-20; Luke 18:1-7. 1.Eph.6:18; 2. Eph.6:12; 1Pet.5:8-9; 3. Prov.21:6; Eph.4:14; 5:3-7; 2Pet.22-3, 10, 12-14, 17; 4. 2Cor. 2:11; 5. 2Pet.1:2-4; 6. Rom. 8:26-27; 7. Rom.8:31; 8. James 5:16-17; 9. Exd.14:13-16, 21-22; 10. Josh. 6:20; 11. Luke 22:41-44; Matt. 27:46, 50-52; 28:1-7; 12. Eph.18:1.