



HelpMasters Consulting

... Multi Dimensional Consultants

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Dynamics of  
**DOMESTIC ABUSE & VIOLENCE**  
**STOP THE MONSTER**

**Details of Date & Time to be Announced.**

**Call +234 8123449936 +234 8170323883**

**3-Day DAV Workshop**

*Domestic Abuse and Violence can be subtle yet very dangerous and devastating. Its impact are Long-Lasting; Traumatic; and they Perpetuates themselves. Domestic abuse and violence is mostly responsible for Depression, which statistics claim affects One in every Four persons (25%) in any given population; an increasingly dangerous cause of Suicide! In addition to Depression, Post Traumatic Stress Disorder (PTSD), that results from abuse and violence continue to diminish the quality of lives of people and often leads to self-harm and other dangerous behaviours, including Death. Our families and societies continue to be ravaged by the effects of Abuse and Violence; leading to the loss of invaluable human resources and unquantifiable natural and material resources. This is no longer an insignificant issue to neglect. Interestingly, you could be a Victim and a Perpetrator at the same time; and it is not a noble and a dignifying thing to remain a Perpetrator.*

*Abuse and violence creates a concentric cycle – the **Cycle of Abuse**, in which one can be stuck for life, because of the difficulty of getting out of it without the right knowledge and skills. Be wise; be smart; act quickly; register for the **3-Day Domestic Abuse and Violence (DAV) Training workshop**, and be equipped with the skills and the know-how of how to nip it in its bud. It is a **deadly Monster**; let's get rid of it Today. Register Now 🖱*

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